

will equip students with knowledge that will help enhance their quality of life and enable them understand some basic

HEC 114 : Introduction to Clothing Construction

The course shall introduce students to techniques in assembling and finishing garments. Basic stitches and seams would be treated in this course. Students would also have knowledge on trimmings used in garment construction. Tools and equipment would be treated in this course. Students would also be introduced to health and safety issues in clothing construction.

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concepts in home economics. Topics include science in the home management of time, meal planning, good grooming, clothing the family and concerns of Family Life Education.

HEC 117: Sociology of the Family (2 Credits)

The course is designed to equip students with knowledge of family systems in Ghana and the changes taking place as a result of modernization. Topics to be discussed include; the types of families in Ghana, their advantages and disadvantages, the roles of family members and the functions of the family, the Ghanaian woman in the family and implications; marriage and socialization in different cultures.

PHE 111: Home Economics Education (3 Credits)

The course shall treat the historic development of Home Economics – its focus and concerns as well as ways of addressing these concerns. The concept of teaching and learning is discussed in relation to some learning theories. Various teaching strategies are examined and students are helped to select and use teaching and learning strategies to aid classroom instructional delivery.