

**UNIVERSITY OF EDUCATION WINNEBA**  
**DEPARTMENT OF HPERS**

COURSE CODE/TITLE (PES 122) INTERMEDIATE GAMES I (SOCCER)

SEMESTER 2 – 2007/2008 ACADEMIC YEAR

INSTRUCTOR: EMMANUEL OSEI SARPONG

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**COURSE DESCRIPTION**

It is a practical course that exposes students to various skills and techniques, tactics and strategies for intermediate competence performance in soccer. Covers rules and regulations, and procedure for effective teaching of soccer.

**COURSE OBJECTIVES**

Upon the completion of this course, the student will be able to-

- (a) Draw and label the soccer field, and also give the dimensions of the goal posts.
- (b) Master some rules and regulations needed for the effective teaching of soccer.
- (c) Master basic skills, tactics, and techniques for (i) intermediate performance in soccer and (ii) effective teaching of soccer.

**INSTRUCTIONAL STRATEGIES:** Practical performance, (activity based), discussion, assignments

**ASSESSMENTS**

- Practical assessment - 20%
- Class assignment// presentation - 20%
- End of semester exam – practical - 30%
- Practical presentation - 15%
- Theory Examination - 15%

**Total = 100%**

## **GRADING**

A = 80 – 100

D<sup>+</sup> = 55- 59

B<sup>+</sup> = 75 – 79

D = 50-54

B = 70-74

E = 49 and below

C<sup>+</sup> = 65-69

C = 60-64

## **TOPIC**

WEEK 1 BASIC RULES AND REGULATIONS OF THE GAME

WEEK 2: COURT DIMENSION

WEEK 3: PASSING AND TRAPPING

WEEK 4: “

WEEK 5: “

WEEK 6: DRIBBLING

WEEK 7: “

WEEK 8: SHOOTING

WEEK 9: “

WEEK 10: PRACTICAL ASSESSMENT

WEEK 11: DEFENSIVE PRINCIPLES

WEEK 12: ATTACKING PRINCIPLES

WEEK 13: THEORY ON TACTICS AND TECHNIQUES

WEEK 14: TEAM TOURNAMENT AND OFFICIATING

WEEK 15: FINAL PRACTICAL ASSESSMENT

WEEK 16: FINAL THEORY EXAMINATION

- REFERENCE:** (i) Charlton B. (2002), Soccer skills and Techniques. London  
Abbeydale Press
- (ii) Ford S and Woffinden C. (1991) Skillful soccer. London  
Guinness Publishing Ltd.