

**UNIVERSITY OF EDUCATION, WINNEBA**  
**DEPARTMENT OF HPERS**

COURSE CODE/ TITLE (PES 122) INTERMEDIATE GAMES I (SOCCER)  
SEMESTER 2 - 2007/ 2008 ACADEMIC YEAR  
INSTRUCTOR: EMMANUEL OSEI SARPONG  
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**COURSE DESCRIPTION**

It is a practical course that exposes students to various skills and techniques, tactics and strategies for intermediate competence performance in soccer. Covers rules and regulations, and procedure for effective teaching of soccer.

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**COURSE OBJECTIVES**

Upon the completion of this course, the student will be able to:

- (a) Draw and label the soccer field, and also give the dimensions of the goal posts.
- (b) Master some rules and regulations needed for the effective teaching of soccer.
- (c) Master basic skills, tactics, and techniques for (i) intermediate performance in soccer and (ii) effective teaching of soccer.

**INSTRUCTIONAL STRATEGIES:** Practical performance, (activity based), discussion, assignments.

**ASSESSMENTS**

• Practical assessment	-	20%
• Class assignment/ presentation	-	20%
• End of semester exam - practical	-	30%
• Practical presentation	-	15%
• Theory Examination	-	15%
<b>Total</b>	<b>=</b>	<b>100%</b>

**GRADING**

A	=	80 - 100	D+	=	55 - 59
B+	=	75 - 79	D	=	50 - 54
B	=	70 - 74	E	=	49 and below
C+	=	65 - 69			
C	=	60 - 64			

## **TOPIC**

WEEK 1: BASIC RULES AND REGULATIONS OF THE GAME

WEEK 2: COURT DIMENSION

WEEK 3: PASSING AND TRAPPING

WEEK 4: “

WEEK 5: “

WEEK 6: DRIBBLING

WEEK 7: “

WEEK 8: SHOOTING

WEEK 9: “

WEEK 10: PRACTICAL ASSESSMENT

WEEK 11: DEFENSIVE PRINCIPLES

WEEK 12: ATTACKING PRINCIPLES

WEEK 13: THEORY ON TACTICS AND TECHNIQUES

WEEK 14: TEAM TOURNAMENT AND OFFICIATING

WEEK 15: FINAL PRACTICAL ASSESSMENT

WEEK 16: FINAL THEORY EXAMINATION

## **REFERENCE:**

Charlton B. (2002), Soccer skills and Techniques. London Abbeydale Press

Ford S and Woffinden C. (1991) Skillful soccer. London Guinness Publishing Ltd.