

UNIVERSITY OF EDUCATION, WINNEBA
FACULTY OF SCIENCE
DEPARTMENT OF HOME ECONOMICS EDUCATION

4-YEAR B.Ed COURSE STRUCTURE

COURSE DESCRIPTION

YEAR II SEMESTER IV

HEC 241: Family Foods Management (3 Credits)

The course is designed to help students to acquire management techniques which will conserve, time, energy, food and money; the skills acquired shall be used to plan, prepare and serve nutritious meals of high aesthetic quality for the different age groups and conditions in the family and for different occasions.

HEC 242: Processes in Garment Construction (3 Credits)

This is a practical course involving the study of suppliers and processes used in assembling and finishing. Essential professional techniques such as some tailored processes e.g. pockets, interfacing, and staying are covered.

HEC 243: Housing and Home Improvement (3 Credits)

The course is designed to expose students to concepts in housing, provision of adequate housing, maintaining and improving housing environment to enhance quality of life of people in communities. The course covers rural and urban housing in Ghana. The physical, psychological and social needs satisfied by housing. Modes of acquiring houses and legal processes, factors to consider when acquiring a house, Equipment, furnishings and utilities in the home. Sanitation and pollution in the housing environment. Home Improvement activities.

.....
HEC 244: Population Education (3 Credits) This course is designed to equip students with knowledge in the dynamics of population and its impact on the economy. It examines the effect of population issues on the development of individuals

and the nation. Topics include fertility and mortality levels and trends, consequences of early pregnancy and childbearing, population control measures, population growth and its impact on the environment, Adolescent Reproductive Health and the status of Women in relation to fertility control. The course also exposes students to techniques used in population education outreach programmes.

HEC 245: Managing Personal and Family Finance (2 Credits)

The course is designed to help students acquire knowledge and skills in identifying and applying management principles in planning and the use of income. It also covers the use of credit; planning for the future; and functions of banking institutions in financial management, and consumer skills.

HEC 246: Food Commodities for Catering (2 Credits)

Students shall be introduced to the various food commodities in their immediate environment, their nutritional contribution to the diet and their preparation and utilization; available and exotic commodities and shall be used to prepare and serve appropriately various Ghanaian and foreign dishes.

HEC 247: Vocational Skills in Clothing (2 Credits)

Students shall be introduced to various vocations in sewing, trained to acquire knowledge and skills in the use of scraps in fabric craft as well as the use of virgin fabrics in making self garments of their choice.

**HEC 248: Management of Income, Family Life and the Housing Environment
(2 Credits)**

The course will cover Ghanaian family and its role in the society as well as social problems which are hindrances to the growth and development of individuals; concepts in housing – provision of adequate housing maintenance and improvement in housing environment to enhance the quality of life of the community shall be discussed

PHE 241: Materials for Teaching Vocational Skills (2 Credits)

The course exposes students to the various Teaching Learning Materials (TLM's) for teaching Vocational Skills and the importance of TLM's. It focuses on the use of power

point, projected and non-projected techniques as TLM's. Students shall be helped to choose, construct and use some of the techniques for instructional delivery and learning.

PHE 243: Constructing the Vocational Skills Curriculum (2 Credits)

The course examines the various definitions of curriculum development as well as their implications for the development of home economics curriculum. Students shall study the various models of curriculum development and evaluate the existing Home Economics curricular in Ghana to make suggestion for improvement.

