



FLORENCE  
UCHENDU

*What if one morning you  
find out you are  
HIV positive?*

**Y**our busy schedule, plans, priorities, programmes, and your mood would instantly change. Your hopes and aspirations will be shattered. This is why you should spare some time and read this book to be informed to avoid the calamities due to ignorance.

In this book, "**HIV: All You Must Know**" by **Florence Uchendu**, you will be exposed to:

- What HIV/AIDS is all about, is it real?
- How to avoid being infected
- Men and Women who are more at risk of being infected with HIV?
- What to do if you are infected and how to handle the challenges associated with HIV/AIDS
- Where to go for HIV/AIDS test, treatment and voluntary counselling
- Why do some people who are HIV positive test negative to HIV test?
- Can HIV infection nullify a marriage?
- Can it prevent you from having babies?
- Is it a punishment from God?

It is "a must read" for every body - the general public, students, nurses, laboratory technologists, hospital cleaners, teachers, medical doctors and students, marriage counsellors and People Living with HIV/AIDS (PLWHAs). It is a compendium of HIV/AIDS facts, and as such a manual and resource material for medical professionals, NGOs and organisations working on HIV/AIDS.

It is a good reference material for Libraries and Churches. It is simple to read, reader-friendly, educative and informative. It is dynamite for HIV/AIDS in the hand of people living with the disease.

There is information for everyone who reads this book. So relax, go ahead, teach yourself and refresh your memory. Knowledge is power.

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