

UNIVERSITY OF EDUCATION - WINNEBA
DEPARTMENT OF HEALTH, PHYSICAL EDUCATION, RECREATION AND SPORTS
(HPERS)

SECOND SEMESTER 2007/2008

COURSE PPC 121 INTRODUCTION TO THE TEACHING OF P.E. SKILLS AND STRATEGIES (2Credits)

LECTURER: DR. SILVANUS L. LAMPTEY
VENUE: NORTH CAMPUS
TIME: MONDAYS 6.00am - 9.00am

INSTRUCTIONS

- (i) Students are expected to fully participate in the course to qualify them write End of Semester Examinations.
- (ii) Students are not to receive or make phone calls in the lecture hall during lectures.
- (iii) Students mobile phones are to be silenced or switched off during lecture periods.

INTRODUCTION

The course is aimed at enhancing participants knowledge in the aims, objectives and the focus of P.E. teaching in Ghanaian Schools. Such an understanding will enable participants understand and appreciate the use of effective strategies and skills to bring about successful teaching and teacher effectiveness in the teaching and learning of P.E.

By the end of the semester the participants will be able to:

- i. Explain the aims, objectives and the Focus of P.E. in the school.
- ii. Describe at least 8 (eight) strategies that may be considered during teaching and learning of P.E.

Topics

Topics to be treated will include the following:

- i. P.E. in the Schools (Focus)
- ii. Teacher Effectiveness and Teaching Methods
- iii. Teaching Strategies
 - Management time during teaching
 - Keeping students on-task
 - Smoothness of lesson
- iv. Models for teaching
 - Direct Teaching
 - Task/ station teaching
 - Reciprocal/ Group teaching
 - Contracting

Reading List

Lumpkin Angela (2002) Introduction to P.E. Exercise Science, and Sport Studies.
McGraw Hill

Siedentop D. Maud C.; Taggart A. (1986) Physical Education Teaching and
Curriculum Strategies. Mayfield Publishing Company.