Produce Shield 2008

In keeping with our focus on things free, open and envirethical, this year we are using heirloom runner beans.

These jet black beans were brought out from England many years ago and have been grown by the same family for generations. They were given to the school last year and enough were grown for eating and there was plenty of pods containing bean seeds to give two to every pupil of the school.

These two bean seeds are being distributed to every pupil to grow at home.

The student instructions are:

- 1. In the summer place a bean seed in wet soil beneath a structure it can climb up.
- 2. Keep away from other beans.
- 3. Water once the plant has leaves.
- 4. Feed it compost or manure.
- 5. Take photos or make drawings of your plant/s.
- 6. Pick beans to eat when bigger than a hand (little hands like tender beans).
- 7. Have a meal of beans and write down the recipe and who you shared the meal with.
- 8. Leave a few bean pods on the plant and pick when dried out.
- 9. In Autumn bring back your recipe, bean pictures and 4 jet black seeds to school (double what was given out).

The bean seeds will be collected and placed in a storage container for next year.

The recipes will be collected and placed on the school's wiki as recognition of the effort.

The Produce Shield Winner will need to:

Demonstrate age appropriate skills (younger students will need greater adult assistance) in all three areas - recipe, plant growing (picture/photos evidence) and seed growing.

Create drawings or digital photos of their plant during its growing cycle on an A4 paper.

Write a child friendly recipe that is suitably illustrated on an A4 paper.

Return 4 jet black bean seeds in a recycled envelope with the name of the student and dated.

Judges may be teachers, garden club members or an expert.

