

Produce Shield

This year's challenge is to grow, harvest and prepare potatoes.

We have given seed potatoes to students who want them but using your own will be fine.

The student instructions are:

1. Dig a hole and put in some compost, seaweed or comfrey leaves.
2. Place the potato on top and cover it with soil.
3. Water if the ground is dry.
4. Feed it more compost or manure in water.
5. As soon as the leaves show, mound more soil around the plant.
6. Take photos or make drawings of your plant.
7. Pick potatoes after the leaves and stalks have withered.
8. Keep the potatoes somewhere cool and dark.
9. Have a meal of potatoes and write down the recipe and who you shared the meal with.
10. In Autumn bring back your recipe, potato plant pictures and 2 big potatoes to school. One will be kept for growing next year and the other will be used for potato day. Proceeds from selling potatoes go to our School sponsored child - Fernanda Amaral.

The Produce Shield Winner will need to:

Demonstrate age appropriate skills (younger students will need greater adult assistance) in all three areas - plant growing (picture/photos evidence) cooking/recipe and returning potatoes to the school.

1. Create drawings or digital photos of their plant during its growing cycle on an A4 paper.
2. Cook the potatoes and write a child friendly recipe that is suitably illustrated on an A4 paper.

Warning – green potatoes are poisonous to eat

3. Return 2 big potatoes in a named recycled envelope (or similar).

Judges may be a combination of teachers, garden club members or experts.

